The 28th Annual 50+ Festival 2022























Hounslow Seniors Trust Mayor of Hounslow's Charity 2019 to 2021

WELCOME TO YOUR FESTIVAL JULY 2022

This year we celebrate the twenty-eighth Hounslow Older People's Festival. The past two years have been difficult for everyone. Perhaps the most difficult thing for Hounslow Seniors Trust was losing our Chair, Satish Dutt, from Covid early in 2021. Satish was the Chair of our Charity for many years and her enormous enthusiasm, energy, commitment and common sense helped to make HST the organisation it is today.

To keep our annual Festival alive, we held a mini-Festival in October 2021 just as we were coming out of lockdown. We were extremely grateful to receive funding from Freshwater Foundation to support this Festival. Without the Foundation's support we would not have been able to provide this month of activities.

This year Hounslow Older People's Festival will form part of the Borough's SUMMER OF CULTURE. We are proud to be working in partnership with Hounslow Council to help deliver the first summer-long programme. From June to August, Hounslow will come to life showcasing the very best in performance, sport, culture, and live events. For more information visit www.inHounslow.com or email summerofculture@hounslow.gov.uk

During the Festival 2022 we are looking forward to seeing lots of people we have not seen during the past two years, as well as new people who are taking part in our events, activities, trips and visits for the first time. As always, the Festival will be an opportunity for older people to get together, experience new things, have fun and make new friends.

The opening event will be a Twilight Party in Chiswick Town Hall, a chance to let your hair down and dance the evening away. This Festival's workshop programme includes understanding your digital gadgets, arts and crafts and movement. There are coach trips to Southsea, a heritage railway and Parham House an Elizabethan gem set in an ancient deer park. Chiswick House and Gunnersbury Park Museum will be inviting us in for tours and local organisations have arranged events for our enjoyment. Use your Freedom Pass to join us on visits to fascinating properties in London and enjoy walks led by a blue badge guide. Our trip to Southsea during the last week of the Festival will be intergenerational so people of all ages are welcome to attend but they must be accompanied by an older person.

Hounslow Older People's Festival would not exist without the contributions made by the many local organisations and individuals in the Borough that support us. I would especially like to thank The Musical Museum for providing the Festival Box Office again this year.

Lali Weerasinghe
Chair Hounslow Seniors Trust

Hounslow Older People's Festival 2022 for further information visit www.hounslowseniorstrust.org.uk

How to book

Unless otherwise stated all events must be booked through The Musical Museum, 399 High Street, Brentford, TW8 0DU

Telephone: 020 8560 8108

Tickets on sale from Friday 27 May 2022

The Box Office is open Tuesday, Friday, Saturday & Sunday 11am to 4pm

Closed all day Monday, Wednesday and Thursday Tickets for FREE EVENTS are limited to 2 per person

Please check accessibility details when booking and inform the box office if there are wheelchair users in your group.



Monday 4 July

• Twilight Party Festival Opening Event 5pm, Chiswick Town Hall, Heathfield Terrace, Turnham Green, Chiswick, London W4 4JN. £20

Our Twilight Party is a chance to let your hair down and dance to The Swing Ninjas. This 5 piece dance band draws on elements of New Orleans swing, spirituals, blues and cajun jazz. Enjoy delicious snacks and soft drinks, then dance away the rest of the evening with professional swing dancers showing you the steps, you'll be Swinging, Jiving and Jitterbugging in no time. Booking through the Box Office essential

Tuesday 5 July

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An heiress disguises herself as a man in order to check out a potential husband. She quickly discovers that he's a total cad. When this play was produced at the National Theatre one reviewer said 'Thrills, chills and belly laughs – this adult comedy has got it all'.

Booking through the Box Office essential.

Wednesday 6 July

Boston Manor House......Art and Craft Workshop 2-4pm, Workshop to be held at Hogarth's House, Hogarth Lane, Great West Rd, London, W4 2QN. FREE

Join the Boston Manor House team to learn more about building and decoration techniques, such as fabric design and making, embroidery, plasterwork and wallpaper that are used around the House. Our workshop leader will then combine these techniques with those used in Black, Asian and Minority Ethnic cultural traditions and British traditional crafts. This is a taster session and a further 2 workshops will take place in Boston Manor House once it re-opens.

Places limited so booking through the Box Office essential.

Thursday 7 July

We spend time in the picturesque town of Alresford. There's a riverside walk, an historic high street and places for a tasty lunch. Then we get aboard a vintage steam train for a return trip through the glorious Hampshire countryside on the Watercress Line. A day out not to be missed. Booking through the Box Office essential.

Friday 8 July

• Sri LankanLunch and Entertainment 11am – 2pm, Venue to comfirmed. £7

Enjoy Sri Lankan folk dances and music. There will be a delicious Sri Lankan lunch and the opportunity to socialise with the performers and learn more about their culture.

Booking through the Box Office essential.

Monday 11 July

Tuesday 12 July

Got a problem with your laptop? Confused by your phone? Tablet trouble? Unsure about emails? Bring in the gadget that is causing you worries and our friendly Gadget Doctor, Ni Cuu, will help.

No need to book, just drop in and ask staff for location of the workshop.

 Chiswick House and GardensHouse Tour & Gardens Visit 12.45pm, meet your escort in front of Chiswick House, Burlington Lane, Chiswick, W4 2RP. FREE

Enjoy a great time out in Hounslow! Chiswick House and Gardens are one of the most glorious examples of 18th-century British architecture and landscaped gardens. Join our friendly guide for a tour of the Grade 1-listed house with over 300 years of history, followed by a visit to the stunning gardens with spectacular vistas and monuments to enjoy at your own pace. Booking through the Box Office essential.

Wednesday 13 July

An opportunity to explore the beauties of Kew and visit the Art of Food exhibition at the Shirley Sherwood Gallery. This botanical art exhibition celebrates the importance of plant-based foods from ginger to sugar cane, pomegranates to red currants and potatoes to rice, go on a journey of food discovery. Booking through the Box Office essential.

Thursday 14 July

 Live Music & Creativity Event 1:30-3:30pm, The Hub, next to Feltham Library, 2nd Floor, The Centre, TW13 4GU. FREE

Be creative - join in a selection of art 'taster' sessions and make something to take home. From 2.30-3.30pm enjoy live music from a local cover-band and join in and sing-a-long if you want to. Cold soft drinks and biscuits will be served.

Early booking through the Box Office is essential as there are limited spaces.

Friday 15 July

 Gunnersbury Park Museum Tour followed by tea and cake Museum tours at 11am and 2pm, tours last 2 hours. Meet your escort at the entrance to Gunnersbury Park Museum, Popes Lane, London W5 4NH, 15 minutes before your tour. FREE

The Museum is housed in an impressive Grade II listed Georgian mansion surrounded by a beautiful park. A knowledgeable volunteer will lead tours of the Museum galleries and recently restored historic spaces. The tour will give you a good understanding of the Museum's heritage and reinterpretation of local history collections. Your tour will be followed by tea and cake in the beautiful Rothschild Rooms.

Booking through the Box Office essential.

Sunday 17 July

Monday 18 July

The Good Company ______Lunch
 12 noon – 1.30pm, Hope Church St. Paul's Church, Bath Road,
 Hounslow, TW3 3DA, FREE

We invite you to join us for food, fun and friendship in a friendly and caring atmosphere. A free light lunch will be served. For more information contact 07762 254 432 or e-mail info@hopehounslow.org.uk No need to book just turn up

Tuesday 19 July

Visit the Breaking the News exhibition. Challenge and change the way you think about news. Explore five centuries of UK news from the Great Fire of London to #BlackLivesMatter, through broadsheets, blogs and objects from the Library's own collection. Examine close up important stories such as Jack the Ripper, the Profumo Affair, coverage of the Grenfell Tower fire and the war in Syria.

Booking through the Box Office essential.

Wednesday 20 July

Parham is one of the country's finest Elizabethan houses, set at the foot of the South Downs in West Sussex. This beautiful place has changed little over the centuries and has been a family home since its foundation stone was laid in 1577. In the house Room Guides can answer all your questions and there will be a guided tour of the lovely four acre Walled Garden. Bring your own picnic or buy lunch in the tearoom.

Booking through the Box Office essential.

Friday 22 July

Charterhouse......Tour

2pm, meet your escort at the entrance to Charterhouse,
Charterhouse Square, London, EC1M 6AN. £12

Hidden behind closed doors for more than 650 years, Charterhouse now welcomes the public to come and discover its unique history. Since 1371 Charterhouse has been a monastery, grand mansion, boys' school and an almshouse, which it remains to this day. All the residents are known as Brothers (even the women) and one of the Brothers will take us on a guided tour of the house and glorious gardens.

Booking through the Box Office essential.

Sunday 24 July

Open as part of the National Garden Scheme this is a garden full of exotic plants from all over the world. You will be astounded to see so many unusual plants not usually found in England. This is a mature garden created over the past 25 years.

No need to book, just turn up and pay on the door.

Tuesday 26 July

 Hyde Park Estate GardensGarden Visit and Tour 11.15am, meet your escort at the gates to Coniston Court, Kendal Street, W2 2AN. FREE

A rare opportunity to visit five Central London gardens usually only seen by residents of the Estate. Each garden is sympathetically planted to reflect the surroundings. These gardens, owned and managed by the Church Commissioners for England, play a key part in the environmental and ecological strategy on the Hyde Park Estate.

Booking through the Box Office essential

Wednesday 27 July

Working with Monica Boxley, a Redlees Studios Artist, you will create a small sample piece of printed cotton fabric using wax, eco-dyes and printing inks. This workshop will be an introduction to a further 10 sessions that will form part of our Health & Wellbeing Festival taking place in autumn 2022. To register call Marion on 020 3441 5288 or visit our website www. hounslowseniorstrust.org.uk and drop us an email

Thursday 28 July

• The Immigration Walk - East End and Spitalfields...... Walking Tour 2pm, meet your Blue Badge Guide at Whitechapel Tube Station. £8.

London is no stranger to 'strangers'. From the arrival of the Romans in 43AD to the present day a steady flow of immigrants have arrived in London. Many have settled in the East End and by the river Thames. They brought with them new languages, cultures and traditions together with the smell of spices and new commodities. All this brought fresh energy into this ever changing area. On our walking tour we will explore this history. Booking through the Box Office essential.

Friday 29 July

Southsea is a popular resort with seafront gardens and a long beach. There are funfair rides at South Parade Pier, an aquarium and a model village. Built by Henry VIII, moated Southsea Castle has canons and views across the Solent. There are plenty of teashops, restaurants and shops within easy reach. This is a trip for people of all ages but they must be accompanied by an older person.

Booking through the Box Office essential.

Tuesday 2 August





THE CHANGING FACE OF HOUNSLOW

Part of the Hounslow Summer of Culture programme

The project will run from June to October 2022 at locations across Hounslow.

Would you like to contribute to the creation of audio/visual presentations exploring the communities that have arrived and settled in Hounslow during the past 70 years and the physical changes that have taken place in the Borough during this time? If the answer is yes, visit our website www.hounslowseniorstrust.org.uk or call Marion on 020 3441 5288 to register your interest and find out more.

LIST OF VENUES

British Library, 96 Euston Road, Kings Cross, London, NW1 2DB

Train: St. Pancras International, King's Cross and Euston

Tube: King's Cross/St Pancras and Euston

Bus: 10, 30, 59, 63, 73 and 91

Charterhouse, Charterhouse Square, London, EC1M 6AN.

Train: Farringdon

Tube: Farringdon and Barbican

Bus: 4, 56, 153

Chiswick House, Burlington Lane, Chiswick, W4 2RP

Train: Chiswick

Tube: Turnham Green

Bus: 190, E3

• Chiswick Town Hall, Heathfield Terrace, Turnham Green,

Chiswick, London W4 4JN.

Tube: Chiswick Park

Bus: 110, 237, 267, 272, H91, 440, E3

Coniston Court, Kendal Street, W2 2AN

Tube: Marble Arch

Bus: 94, 148, 274, 6, 7, 16, 23, 36, 98

Gunnersbury Park Museum, Popes Lane, London, W5 4NH

Tube: Acton Town

Bus: E3

Hogarth's House, Hogarth Lane, Great West Road, London, W4 2QN.

Train: Chiswick

Tube: Turnham Green

Bus: 190

• Hope Church St. Paul's Church, Bath Road, Hounslow, TW3 3DA.

Bus: 81, 203, 222, H32, H98

• **The Hub**, next to Feltham Library, 2nd Floor, The Centre, TW13 4GU.

Train: Feltham

Bus: 90, 117, 235, H25, H26

Kew Gardens, Kew, Richmond, Surrey, TW9 3AB

Train: Kew or Kew Bridge

Bus: 65, 391

• The Musical Museum, 399 High Street, Brentford, TW8 0DU

Train: Kew Bridge Bus: 65, 267, 237, 391

• Orange Tree Theatre, 1 Clarence Street, Richmond, TW9 2SA.

Train: Richmond Tube: Richmond

Bus: 65, 190, 371, 391, 419, 490, 493, R68, R70, H22, H37

• Osterley Library, 11 St Mary's Crescent, Isleworth, TW7 4NB

Tube: Osterley Bus: H91, H28

• Redlees Studios, Redlees Park, Worton Road, Isleworth, TW7 6DW

Train: Isleworth Bus: H37, 267, H20



HEALTH AND WELLBEING FESTIVAL

Healthy Living for people over 60 will provide 10 weeks of healthy lifestyle activities including Art/Craft, Music for Health and Movement for Wellbeing workshops on the theme of the environment. There will be talks by professionals on matters such as Falls Prevention and Healthy Eating, and walks in Kew Gardens.

The Festival will take place during the months of September, October and November 2022

To register your interest in taking part in the Festival activities visit our website www.hounslowseniorstrust.org.uk and drop us an email or call 020 3441 5288.



TEA DANCE - Saturday 2 July at 2pm

Strictly fun! A social afternoon of Ballroom, Latin & Sequence dancing to a selection of popular dance tunes. All levels of ability are welcome. DJ s and hosts, David & Diane Whyte give a free dance lesson at 2pm. Tickets £5 including tea/coffee or prosecco. Booking through the Box Office essential

DONALD MACKENZIE - Sunday 3 July at 2.30pm

Short Silent Comedies with Wurlitzer accompaniment. Donald MacKenzie has been the organist at the Odeon Cinema, Leicester Square for 25 years, where he has played at many prestigious film premieres. He accompanies comedies starring some of the greats of the Silent era including Buster Keaton and Laurel & Hardy. Tickets £8. Booking through the Box Office essential.

The Musical Museum, 399 High Street, Brentford, TW8 0DU